

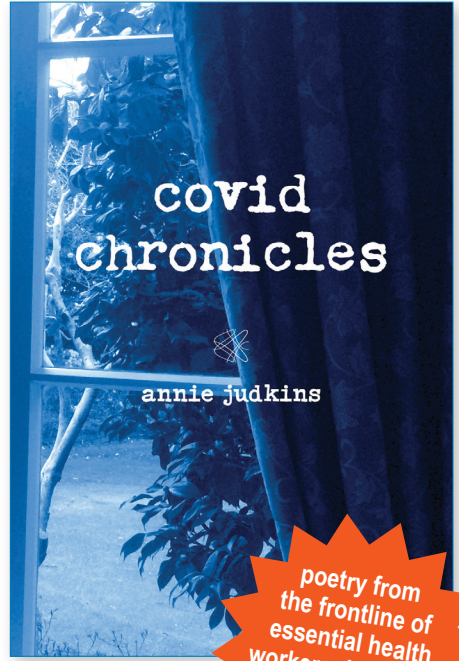
# *Covid chronicles*

## Annie Judkins

This collection of poetic musings chronicles the daily life of an essential covid-19 health worker during lockdown Levels 4 to 2 — a time of isolation, health anxiety, vulnerability and risk.

Health teams were faced with unprecedented uncertainty, workloads, fatigue, critical decisions about who, when and where to swab, and the mundane practicalities of clean clothes and where to safely don and doff their PPE.

These poems, mostly served darkly with a side of humour, were written to inspire those who were working to keep our community covid-19 free, and to support local charities.



poetry from  
the frontline of  
essential health  
workers during the  
Covid-19 Lock-  
down

### **About the author**

ANNIE JUDKINS is a Wellington GP, who has worked in high-needs primary health care for over 18 years. At present she mainly practises in East Porirua.

Annie was born and raised in Northland, and now lives in Aro Valley, Wellington. She has a daughter, walks quickly, talks loudly, laughs a lot and has an eclectic collection of boots and art. She sings and plays the piano and ukulele, badly, and is mostly tolerated by her cat.

*Covid chronicles.* Annie Judkins

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